Phillips Brooks:

Duty makes us do things well, but love makes us do them beautifully.



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School Rover



On Tuesday 4th May, the Health Services Assistance students spent a day at TAFE learning the practical aspects of client care. These students are working towards a Certificate III as Assistance in Nursing.

Our tutor, Ms Rosemary McGinn, showed us what is needed to feed a patient, help them drink fluids, and clean their teeth! Much laughter as we tried this on each other! It was wonderful to have Shakira with us again as she had been 'interned' at the Wilderness Centre learning the ropes of joining the Navy.

Client care also involves bathing patients in bed, changing their pyjamas and turning them gently to avoid pressure points/sores. Our mannequin, George, was very cooperative and didn't object to our inexperienced hands!

Ida was the 'real' patient and we learnt how to use the 'slippery sam' to turn a patient



without hurting our backs. This is a 'parachute' sheet that slides easily under a patient and is easy to remove.

Changing the hed lines with a patient in the

Changing the bed linen with a patient in the bed was also a challenge.

We had a fun afternoon and will be assessed next week. The end of the course is drawing near and we are busy writing assignments to complete our assessments.

Ida Sam, Shakira Thaiday, John Gabey, Liz Gebadi & Ms Rosemary McGinn





LEADERSHIP COURSE

The recent Leadership Course run by Annalise and Dave from **Dynamic Exchange** at Djarragun College was a resounding success. It was a three day course that built trust, understanding and skills for our future leaders in years 12, 11 & 10. The course has an ongoing component where Annalise will be coming back to continue what has already started.







The students involved in the course were:

Craig Waldon, Zoey Geas, Jaharla Hart, Flora Wallit, Koza Coburn, Judith Carney, Ali Dau, Rhiannon Hill, Daniella Ware, Christopher Lei, Grayson Hart, Naomi Cooktown, Ettiekai (Tim) China, John Gabey, Stephanie Kabai, Ida Sam, Lane Ingui, Helen Walit, Nikkarla Dotoi, Issac Mait, Joseph Geas, Michelle Cooktown,Nora Geas and Patricia Tom.

Students took to their brainstorming best and ideas found their way onto paper. The photos speak for themselves. Lane Ingui's pose with 'attitude' contrasts against the glamour of Rhiannon Hill.

Some of the key aspects to come out of the program were - getting out of your comfort zone; opening one's heart and mind; transforming from good to great.

Summary charts created by the students included the following sentiments -

"Never give up on anything I start. Make sure I finish what I start.

I can do it. I know I can. If I fall, I'll get back up again!!

"I thought this program was very entertaining and now that I have stepped out of my comfort zone. I've experienced heaps and I love it all; I now have all the confidence it will take me somewhere in life and I will never forget it and now believe I'm confident to do ANYTHING"



"What I got from this experience? To never be afraid to step out of your comfort zone. Always look forward to the future and make it a time to always remember you can achieve anything in the world if you believe in yourself and be determined to reach for your goal.

DREAM IT. BELIEVE IT AND ACHIEVE IT !!!

"I gained more CONFIDENCE; I BECAME MORE COURAGEOUS; I TRANSFORMED."

"I'm grateful I've got this opportunity and when I go through problems, I will think of this experience and think of Dave and Annalise. I love you both."



Dwar Bounghi

Dwar came to Diarragun College at the beginning of 2010. He is in year 8 and is in the Stars with Ms Michelle Hill, Ms Wagi Tai and Aunty Harriet Tapim. Dwar has only missed two days of school so far this year but on each occasion he had good reason to be absent. Dwar is a fun loving student who works extremely hard in class. He is always keen and eager to learn new skills

and helps his classmates when they require assistance. Well done Dwar, keep up the good work.

Music star of the week



Some students are prone to drawing regular attention and it's no surprise that the spotlight falls upon **Taicee Pearson**. She has a finger in every pie and was recently nominated for yet another accolade.

Taicee Pearson is the Creative Star of the Week. Taicee has been up to her eyeballs in most areas of creative arts – drawing, IT, hip hopping, and now learning how to play piano. Go Taicee!

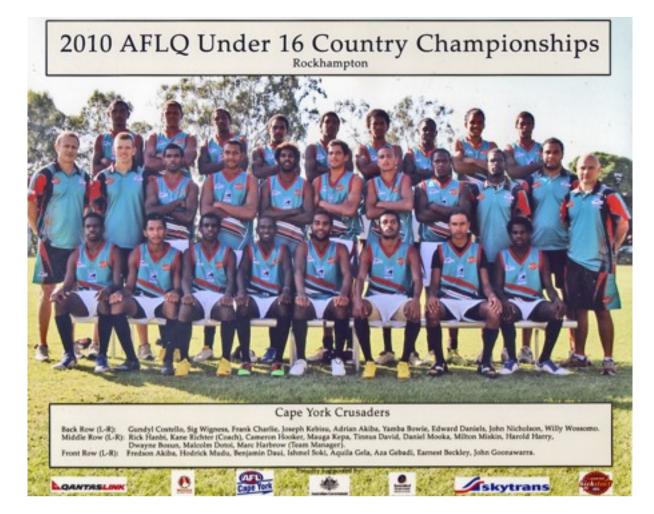


Creative Stars of the Week: Mr Warren Eyre and his printing team are preparing T-shirts for the hairdressers to seduce customers at the Weipa festival.

School Bands

Bands are slowly reshaping to fit into the new VET program and Back on Track students. The new Senior band is comprised of **Jordal Bana**, **Eliza Jackonia**, **Michael Geas & Alex Namai**.

The Junior band is a cluster of Patricia Tom, Nikki Dotoi, Jason Akiba, Jamie Benjamin, Fredson Akiba, Tim Tipoti & Ralph Daniel.



Under 16 Crusaders

Fredson Akiba: I enjoyed making new friends. Teams from Cairns, Rockhampton, Townsville, Mackay, Bundaberg formed a contest held in Rockhampton.

We travelled by the Crusaders 20 seater bus. We only lost one game against the Cairns City side and we won six others. Our supervisors were Rick Hanlon, Kane Richter and Dwayne, Mark and Malcolm.

Willy Wosomo, Fredson Akiba, Tinus David, John Gunnawarra, Frank Charlie and Joseph Kebisu were the representatives from Djarragun.

From this competition, players have the chance to get selected for the State side called the Kookaburras.

John Gunnawarra: This was my first trip to Rockhampton. I got to meet different boys from Abergowrie and made new friends. It was fun and I enjoyed it. We went to the beach at Yepoon and we played touch there. I played in the backs during the matches. I stayed in the same room as Joseph Kebisu and Gundyl Costello and one fellow from TI named Adrian Akiba.

We stayed at a Caravan Park where there was a swimming pool. The place was like boarding where we had facilities like washing machines and play areas and dining room. We mainly took our plates to eat outside. We did a little shake-aleg for our team for the after-the-game ceremony.

Willy Wosomo: I played in the forwards during the matches and scored 2 goals and 1 point. I would like to thank Mr. Rick, Mr. Mark, Mr. Kane, Mr. Malcolm and Mr. Dwayne for taking us on the trip to Rockhampton.

After the games, we had rehab in the water so that we wouldn't get cramps. When we won the last game, we did an Island dance called Abua.

Frank Charlie: This was my first time to go to Rockhampton. I met a lot of other boys and I learnt to be responsible. I was in one of the dongas with Mauga Kepa, Tinus David and Mr. Kane Richter. I scored only one goal. I played both in the forwards and also in the backs.

Tinus David: I played in the forwards and on the wing. I only kicked one goal. This was my second time that I went to Rockhampton. I met some of my friends from last year. We had a lot to eat and I probably ate too much. I thank Kane and Rick and the other staff for taking me.